

# Supporting adults with a learning disability whose behaviour challenges

## Aim

To provide participants with a general overview of approaches to support adults with a learning disability whose behaviour challenges.

## For

Anyone who provides support for adults with a learning disability whose behaviour challenges.

Participants are advised to have completed module 1, introduction to working with adults with a learning disability and listening skills before attending this workshop.

## Content

- What is meant by challenging behaviour and 'self injurious behaviour'
- Values and approaches
- Understanding why adults may engage in behaviour that challenges
- What is meant by positive behaviour support and how staff can implement strategies

## Learning outcomes

**At the end of the course the participants should:**

- Know what the term 'challenging behaviour' means
- Be able to identify causes of behaviour which challenges, and reflect on the importance that attitudes and values have when supporting someone whose behaviour challenges
- Understand the importance of effective communication when supporting someone with a learning disability whose behaviour challenges

## Duration

2 days

## Time

9.30am - 4.30pm

## Dates and venue

**6 & 7 May 2020**

Lambeth Hospital, Reay House

**23 & 24 September 2020**

Venue to be confirmed

**17 & 18 February 2021**

Venue to be confirmed

[Click here to book a place on this course](#)