

Supporting the physical health needs of people with a learning disability

Aim

To provide participants with knowledge and skills in effectively supporting people with a learning disability to address their physical health needs.

For

Paid and voluntary staff who support adults with a learning disability.

Content

- Setting the scene using LeDeR video
- Annual health checks/ Health Action Plans
- Teach model-Reasonable adjustments
- Health promotion, education and support
- Age related health checks
- DisDAT - pain management
- Health related risk assessments and MCA
- Hospital Passports
- Role of Liaison nurses and GP surgeries
- Physical health links with CQC standards.

Learning outcomes

At the end of the course the participants should:

- Understand specific health conditions commonly prevalent in people with a learning disability
- Be able to identify physical health warning signs/Red flags
- Understand the importance of reasonable adjustments
- Understand the importance of monitoring records
- Understand base line physical health checks i.e. BP, weight, BMI, temp
- Able to build confidence and competence in supporting people with their physical health issues

Duration

1 day

Time

9.30am - 4.30pm

Dates and venue

14 October 2020

10 February 2021

Venue to be confirmed

[Click here to book a place on this course](#)