

Consent for Contact (C4C)

If you are responsible for another person

What's it about?

Research gives us better ways of helping mental health problems. But we need help from you, and the person you are responsible for.

What are we asking for?

For you to allow our researchers to:

- Get in touch with you if they think the person you are responsible for might be able to help with - or get help from - a particular study. This could be because of certain symptoms they have, medications they take or services they use
- Look at the electronic notes about the person you are responsible for at the South London and Maudsley NHS Foundation Trust. These are the records we keep of their care and treatment.

They can't do these things unless you say it's OK.

We record your decision in the electronic notes (clinical record) of the person you are responsible for.

What's the point of C4C?

- To help you have access to the latest treatments.
- To help researchers find enough of the right sort of people to help them with these studies.

What sort of research is this?

Finding out what causes mental health problems – and what can be done to help. We are looking at anxiety, depression, dementia, physical health, and other problems in every age group.

Who does this research?

The Biomedical Research Centre. This is run by:

- Your local NHS mental health service - the South London & Maudsley NHS Foundation Trust
- The Institute of Psychiatry, Psychology and Neuroscience at King's College University, London.

What will happen if I agree to C4C?

- If there is no project that this person can help with or benefit from, you won't hear anything else from us.
- If we do have a suitable project: Our researchers will get in touch. They will give you the information you both need to decide whether to take part or not.

What if I agree to C4C – and then change my mind?

Just tell the care coordinator, doctor – or anyone else from SLaM whom he or she is seeing - and they will change the clinical record.

If I agree for him/her to take part in a study – what might he or she have to do?

They might:

- Be interviewed – once or a few times.
- Do computer puzzles or games.
- Be offered a new treatment.

Can I choose which research projects this person takes part in?

Yes. You can tell us if there are any particular projects that you would be interested in. We will record this in the electronic notes.

Do I have to agree to C4C?

No – you don't have to give us any reason, and it won't affect this person's care and treatment.

Will this person's details be kept confidential?

- Yes. We stick strictly to UK laws about confidentiality.
- If there are any parts of his/her medical record that you don't want us to use, just tell us.

Who can I talk to about this?

The nurse, psychiatrist, psychologist, social worker or anyone else at SLaM who is in touch with the person you are responsible for.