

# Bill of Rights (Tuesday Group)

- We have the right to be treated with respect
- We have the same rights as any other person
- We should have the same opportunities as any other person
- We have the right to make our own decisions
- We have the right to use the same mental health services as other people
- We have the right to an advocate if we want one
- We have the right to be included in all discussions about our mental health
- We have the right to a wide range of treatments, not just medication
- We have the right to see what is written about us