

Do you provide care or support to a friend or family member?

Our Carers' Charter means:

1. Your essential **role and expertise** is recognised, respected and encouraged
2. You are given the **information and advice** that you need to help you provide care
3. Where possible, you are **involved** in the planning and agreement of the **care plan** for the person you support
4. Your needs are recognised and responded to through a **Carers Engagement and Support Plan**
5. You receive appropriate **help and support** when you need it
6. You are actively **involved** in the planning, development and evaluation of **services**
7. You know what you are **entitled** to expect from services

For more information:



VISIT www.slam.nhs.uk/carers
for the full version of our Carers' Charter



SPEAK to a member of staff



CALL PALS 0800731 2864